

# THE RIVERVIEW REFLECTOR



**Big Things to Come**  
SPRING 2025

Photo:  
Neighbourhood  
Friday night  
movie-goers



The Reflector online  
is in colour! Check it out



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## Message from the General Manager

Krista Fraser-Kruck



**We had an incredible winter at the community centre, filled with exciting events and just the right amount of winter weather to make it all possible!**

Our Winterfest was a huge success, featuring the much-anticipated return of the 4x4 hockey tournament—perfectly timed for one of the only stretches of perfect winter conditions in January and February. The Frostbite River Run saw an almost sold-out crowd braving the deep freeze, our Family Skate Night was buzzing with energy, and our skiing events made the most of the season's snow.

But now, as the snow melts away, we're looking ahead to an action-packed spring! Warmer days mean the return of outdoor sports, and we can't wait to see our soccer fields on Churchill Drive in full swing, along with the crack of the bat at our club fields as we host an exciting season of softball and baseball.

Of course, sports aren't the only things we have planned! Our fitness programming is ramping up, and if you haven't registered yet, be sure to check

out our drop-in options for many of our classes. Plus, our calendar is packed with fantastic events, including a clothing swap, a lively trivia night, and our annual Spring Carnival—an event designed to bring together as many friends and neighbours as possible!

One of the most important yet often overlooked events of the year is our Annual General Meeting (AGM), happening on June 5<sup>th</sup>. The AGM is more than just a meeting; it's a chance to learn about the work that keeps our community centre thriving, get involved with upcoming initiatives, and even step into a leadership role by joining a committee or our board. If you've ever wanted to have a hand in shaping the future of our space, this is the perfect opportunity.

We're looking forward to a vibrant and busy spring season, and we hope to see you at an event, on the field, or around the centre soon! Stay tuned for updates, and as always, thank you for being part of our amazing community. •

## Save some trees?

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## President's Message

Jason Oliver



**As we transition from the busy fall and winter seasons into spring, I want to take a moment to reflect on the incredible accomplishments and community spirit that have defined the past several months.** It has been a season filled with countless events, programs, and activities, all made possible by the dedication of our volunteers, staff, and community members.

### Outdoor ice and hockey programming

This winter was a much better year for our outdoor ice and hockey programming, thanks to the tireless efforts of our volunteers. A huge thank you to everyone who helped flood, maintain, and manage the ice throughout the season. Your hard work ensured that our community could enjoy skating and hockey all winter long. A special shoutout goes to Jordan Sobkowicz and Sheldon Birnie for leading our Jackrabbits hockey program, and to our ice crew volunteers, including Colin Pochailo, Bryan Foskett, Brad Ewankiw, Aaron Shand, and many others. Your commitment to creating a safe and fun environment for our players and skaters is deeply appreciated.

### Ski trails and winter recreation

Our ski trails and Jackrabbits skiing programming made a strong comeback this year, thanks to upgraded equipment and the incredible efforts of our volunteers. A special thank you to Aaron Letts and Candice Tremblay for their leadership

and dedication with the Jackrabbits Ski Program and Dennis Cunningham, Aaron Letts, Leif Larson and Dom Lloyd for ensuring that our trails were in top condition for everyone to enjoy.

### Planning for the future

Behind the scenes, your general manager and board of directors have been hard at work applying for grants and initiatives to secure the future of the Riverview Community Centre. We are committed to making improvements to both our facilities and programming to better serve our community.

As part of this effort, we are in the planning stages of creating a strategic plan for the centre. To ensure this plan reflects the needs and desires of our community, we will be conducting a survey in the coming weeks. Your input is invaluable, and we encourage all residents and stakeholders to participate. Stay tuned for more details!

### Spring registration and volunteer opportunities

As we move into spring, we are excited to announce our upcoming registration for sports, programs, and events. Be sure to follow us on Instagram for the most up-to-date information on what's happening at the centre. Additionally, we are always looking for volunteers to help make our programs and events a success. Volunteering is a wonderful way to give back to the community, meet new people, and make a difference. If you're interested, please reach out to us—we'd love to have you on board!



**Follow us on Instagram**  
**@riverviewcc**

## Save the date: AGM and Volunteer Appreciation Night

Mark your calendars! Our Annual General Meeting (AGM) will be held on June 5<sup>th</sup> at the club, starting at 5:30 PM. Like always, we're combining the AGM with a Volunteer Appreciation Night to celebrate and thank all the incredible individuals who contribute their time and energy to the centre. There will be food, drinks, and plenty of camaraderie. The formal AGM meeting will begin at 6 PM. We hope to see you there!

Finally, I want to extend my deepest gratitude to everyone who has supported the Riverview Community Centre this past year. Whether you volunteered, attended an event, or simply spread the word about our programs, your contributions have made a lasting impact. Together, we are building a stronger, more connected community. •







**Exciting news, Riverview!**  
**Our beloved community centre has been approved for a massive \$924,079 federal funding grant under the Green and Inclusive Community Building Program!**

## A game-changer for our community

This is a huge win for our neighbourhood, allowing us to tackle long-overdue upgrades that will transform our centre into a more sustainable, accessible, and welcoming space for all.

But here's the thing—we're not quite there yet. **While this grant is an incredible start, we still need to raise additional funds to fully complete the renovation.** That means you'll be seeing a big push for donations over the next while, and we need your help!

## What's changing and why it matters

For decades, Riverview Community Centre has been the heartbeat of our neighbourhood—a gathering place for sports, family activities, and local events. But with an aging building, rising energy costs, and accessibility challenges, it's time for a major overhaul. Here's what's coming:

### Exterior upgrades

- A complete façade overhaul with new, energy-efficient exterior insulation—cutting heating and cooling costs and making the building more comfortable year-round.
- A safer, healthier environment with the removal of outdated materials, including asbestos.

### Interior transformation

- A reconfigured lobby and dressing room area, creating a fully accessible, multi-purpose space.
- More room for meetings, events, and community programming.
- Better accessibility, ensuring everyone—regardless of mobility—feels welcome.

This is about more than just bricks and mortar. It's about securing Riverview's future as a vibrant, thriving community hub for generations to come. This is where our kids learn to skate, where neighbours gather for celebrations, and where friendships are formed. **The upcoming renovations will create a space that is safer, more energy-efficient, and better suited to meet the evolving needs of our community.**



**Donate now!**



## Why we need your help

This funding is a massive boost, but it's only part of the puzzle. To fully complete the vision for Riverview, we need to raise matching funds. That means **every donation, big or small, will have a direct impact on bringing this project to life.** Over the next while, you'll see more fundraising events, sponsorship opportunities, and community initiatives aimed at closing the funding gap.

We know this is a big ask, but it's an investment in the future of Riverview. By contributing, you're helping create a space that will serve our community for decades. We can't do it without you!

## Looking ahead

This is a once-in-a-generation opportunity to ensure Riverview Community Centre continues to thrive. Over the next while, we'll be working hard to secure the remaining funds and bring these upgrades to life. **We're incredibly grateful for the support of our amazing community—every contribution, big or small, gets us one step closer to our goal.**

For more details or to donate, visit [www.riverviewcc.ca](http://www.riverviewcc.ca)

## How YOU can help

### Attend fundraising events

- Keep an eye out for exciting community events designed to help us reach our goal—whether it's a trivia night, a community BBQ, or a silent auction, your participation makes a difference!

### Make a donation

- Every dollar counts! Donations over \$10 are eligible for a tax receipt through the City of Winnipeg. You can contribute directly through our website at [www.riverviewcc.ca](http://www.riverviewcc.ca)

### Spread the word

- Tell your neighbours, family, and friends about this project. Know a local business that might want to support us? Let them know how they can get involved!

### Volunteer your time

- We'll need all hands on deck to make this happen. If you have skills in fundraising, event planning, or even just a willingness to help, reach out to the centre and get involved.





# Upcoming events

For the most up-to-date information about events at the Riverview Community Centre visit [riverviewcc.ca](http://riverviewcc.ca)

## Spring Clothing Swap - Sunday, April 13<sup>th</sup>

We're excited to host another clothing swap this April! So far, the RVCC clothing swaps have meant great finds for local residents and many donations to women's shelters (where the extras go). It's great way to refresh your wardrobe for spring and gather with friends and neighbours at the same time. Bring your old favourites and find some new pieces to enjoy in warmer weather!

## Spring Trivia night - Friday, April 25<sup>th</sup>

Registration is now open! Early bird pricing until April 18<sup>th</sup>—only \$125 for your team of 8. Grab your neighbours and friends to put together your team for an evening of friendly competition and fun! Test your wits with a variety of challenging questions spanning diverse topics.

## AGM - Thursday, June 5<sup>th</sup> at 6 PM

Join us for a review of the 2024 year including reports from our president and a financial overview. Everyone is welcome and encouraged to learn more about the operating of the community centre! **If you'd like to learn more about joining the board please email us at [gm@riverviewcc.ca](mailto:gm@riverviewcc.ca)**

## Garage Sale - Saturday, June 7<sup>th</sup>

We will be accepting donations for the garage sale starting April 15<sup>th</sup>. No clothing donations please.

## Spring Carnival - June 20<sup>th</sup>

A favourite neighbourhood event!

SAVE THESE DATES

Cleat Swap  
April 16

Craft Sale  
Hosted by MB Market Days  
April 5

## Friday Movie Nights

Movie nights happen Friday nights at the RVCC, once a month from September to May (except for this April!) **Doors open at 6pm, movies start at 6:30pm**, and the canteen will be open with candy and chips for sale.

• May 23 - Plankton: The Movie

None in June, July + August but movie night back in September!



Photo by Robin Fletcher

# Paper birch trees use sunscreen?

Quinn Fletcher

**Back when I was in university, one of my supervisors seemed to know everything about the natural world.**

Although he was most well known for his research on the impact of stress on wild animals (yikes... predators are scary!), he seemed to know all the plants and animals in the forest, plus an interesting anecdote about them. One day he told me that he had written an article attempting to explain why the bark on paper birch trees (also known as white birch) was white. I did not think much about this at the time, but I recently decided to read the article in the *Journal Arctic* (2003, vol. 56, pages 168–174) after I was looking at my favourite birch tree in Riverview that lives next door to me (see photo above).

The punch line of the article is that one possible reason why paper birch trees have white bark is to reflect the sun's rays during winter, which protects the tree from damage. The type of damage is called sunscald and it occurs when the layer just below the bark (the cambium) becomes thawed by the sun's rays and then quickly refrozen. The reason why white bark

is seen as protective on birch trees is that it reflects the sun's rays, which prevents the cambium from thawing and refreezing. Sunscald damage on trees may allow easy access points for "germs" to get into trees, which can lead to death.

I must say that the study was fairly convincing. To experimentally test what it would be like for birch trees to not have white bark, they painted some trees brown. Then, they compared cambium temperatures between the trees that were painted brown, to trees that were painted white, or left alone. Surprisingly, the cambium of brown painted trees, in the dank of winter, warmed to above 0°C, even when the maximum daytime temperature was -15°C, which would have put these trees at risk of sunscald. The really interesting thing about this study was that they extended their research to other deciduous trees with

light grey or white bark and northern distributions (trembling aspen and balsam poplar). They found that trembling aspen that were painted brown had more sunscald damage than trees that were painted white, or left alone, suggesting that possessing white bark was also beneficial for this type of tree.

After reading this article, my brain is still spinning with questions that I will not be able to figure out before my submission deadline. How do trees with brown bark avoid sunscald? Did the white-barked tree species come up with their tricks ("adaptations") to prevent sunscald independently, or did they have a common ancestor that had white bark? Are there other reasons why these trees have white bark? So many questions... I really appreciate that paying attention to the natural world provides me hours of entertainment.

**...paper birch trees have white bark... to reflect the sun's rays during winter.**





# Jackrabbits cross-country skiing

Aaron Letts

**We are wrapping up another year of skiing at Riverview Jackrabbits club. Like every year—we battled the weather, but I think we mostly won.**

The Jackrabbits Ski Program has a long history in Winnipeg. The program started in Winnipeg in the 1970s as a way to grow the sport of cross country skiing. It first spread across Manitoba, then in the 1980s the Jackrabbits Ski Program was eventually adopted by

Canada's national skiing association (now called Nordiq Canada). Throughout its history the program has always been a learn-to-ski program that teaches kids the fundamentals of skiing through games, relays, obstacle courses, hill activities, and longer group skis.

The Riverview Jackrabbits Ski Program is held on Sunday afternoons. The sessions are held on the community

centre grounds and along the trails at Churchill Parkway. We go for the odd "field trip" to ski somewhere different as well. Sessions typically end with hot chocolate in the community centre. This year we had another full program with around 30 kids registered.

This past fall the community centre replaced the quad that is used to groom the trails along Churchill Parkway and practice areas for the ski



**[Jackrabbits Ski] program has always been a learn to ski program that teaches kids the fundamentals of skiing through games, relays, obstacle courses, hill activities, and longer group skis**

Photos submitted by Aaron Letts

## Reflections



program.

The new quad has twice the power as the old one and has been much more reliable. This has made grooming much easier for the volunteers who help maintain the trails.

We also have seasonal ski rentals for kids. Members of the Riverview Jackrabbits Ski Program have access to the rentals first. Lots of the equipment is aging, so this past season we have begun to replace some of the older equipment and hope to continue to refresh the stock in the years to come. •

### FYI

The Riverview/Churchill Drive Parkway features a 2.6 km trail along the Red River, groomed for classic skiing by volunteers.

**Mobile Ski Library:** WinterPeg's Mobile Ski Library brings free equipment rentals and groomed trails to various Winnipeg locations, making skiing accessible to all.

[winterpeg.org](http://winterpeg.org)

Jackrabbits Skiing relies on volunteer coaches. If you have ski experience, please consider volunteering as a cross-country ski coach.

Contact: [akletts@gmail.com](mailto:akletts@gmail.com) for more information.

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# Jackrabbits hockey season a wrap

Sheldon Birnie

**Another fun winter of Jackrabbits hockey is in the books, and what a great season it was.**

While the weather didn't always cooperate, the kids in both the introductory and advanced levels made the most of it whenever the

temperature wasn't too warm or too cold to allow for skating on the rinks. Riverview Community Centre was bustling most Saturday mornings, from December through the end of February, when both groups took to the ice to work on their skills, get some

coaches had their hands full with **59 kids** registered this year

exercise, and have fun in the heart of the neighbourhood.

The introductory level—where kids worked on fundamental hockey skills like skating, puck handling, and spatial awareness on the ice—coach Jordan Sobkowicz and the other volunteer coaches had their hands full with 59 kids registered this year.



**...through it all, they continue to skate alongside friends, classmates, and new teammates, building connections that make the experience even more special.**

skating backwards, passing, shooting, and teamwork, with each session involving about 40 minutes of skills activities, followed by a lively 20 minute scrimmage.

Being that it was only the second year RVCC has offered the advanced level, it was great to see how far some of these skaters have come. It was even better to see the kids from the group move over from rink 2 to rink 1 when their Saturday morning session was over, throw their sticks in the middle, and continue playing on their own while the younger group took to the ice on the other rink.

"I absolutely love the Jackrabbits program at Riverview," coach Jordan said. "This long-standing program has thrived for years because of its incredible value and impact on our community, benefiting both parents and young skaters alike. It checks so many boxes that make it truly special—on-ice skill development for all ages and abilities, meaningful connections with other kids and parents, and the chance to embrace Manitoba's winter spirit by staying active outdoors. Best of all, nothing beats the energy of our loud and proud Jackrabbits cheer at the start and end of every session!"

Thanks to coach Jordan and all the other volunteers who made for such a great season. See you all next year. Game on! •

"It's incredible to see so many young skaters developing their skills while having fun in a supportive, community-driven environment," coach Jordan said. "One of the most rewarding aspects is watching their progress over the years—starting in our development program and moving into our advanced program, each player with their own goals but all sharing a love for the game. And through it all, they continue to skate alongside friends, classmates, and new teammates, building connections that make the experience even more special."

Meanwhile, 14 kids participated in the advanced level, where hockey skills learned in the introductory level were expanded upon. Over the course of the winter, the kids improved their edge work and crossovers,



Photos by Sheldon Birnie



# Winterfest



10 cool days bring Riverview together



Riverview's annual Winterfest proved to be a success! Spanning an exciting ten-day period, this much-anticipated event brought together community members for a week filled with favourite winter activities.

All the classic outdoor activities were embraced, offering something for everyone! Hockey enthusiasts had plenty to enjoy, with an action-packed Women's 4x4 hockey tournament on Sunday and the return of the 4x4 hockey tournament, which saw a record-breaking number of teams (17!) hitting the ice for a two-day event.

After the excitement of the hockey tournaments, families laced up their skates and danced around the ice during the much-anticipated Family Skate Night. Runners braved the cold to participate in the Frostbite River Run the weekend prior, facing a deep freeze (temperatures at -27 degrees C, -31 with the wind) that left participants frosty-faced after completing the challenging 5km or 5-mile race.

Amid all the excitement, Winnipeg Trails visited our ski loop with their mobile ski library, giving families a chance to try out the accessible sport of cross-country skiing.

Ending off Winterfest was the first-ever Ladies Après Ski Night. With plentiful snow, winter-warm temperatures, and an amazing group of participants, it was a memorable evening. We hope to make both the Family Skate Night and the Ladies Après Ski Night regular offerings in winters to come, encouraging our community to stay active throughout the long winter season! •

*The weather was properly cold, the north wind was at the runners' backs...*

## Frostbite River Run

Riverview Community Center's 12<sup>th</sup> running of the Frostbite River Run was its most successful ever! We had 142 runners registered and 110 at the start line on Sunday, January 19<sup>th</sup> taking part in the five mile and five-kilometer runs.

Conditions were fantastic. The Nestaweya River Trail was in amazing shape. The weather was properly cold, the north wind was at the runners' backs on the return trip to the community center, and the skies were clear and blue.

Congratulations to our fastest Riverviewers: Five Milers Mark McCoghlin (1<sup>st</sup> place overall) and Haley Hrymak (3<sup>rd</sup> place female) and Five km runners Derek Elliot (2<sup>nd</sup> overall) and Norah Cunningham (1<sup>st</sup> place female). Full results can be found at [results.raceroster.com](https://results.raceroster.com), (scan QR code to the right).

Once again, we had wonderful volunteers helping to manage bib pickup,

get pre and post-run snacks and food ready, and ensure runner safety. This event could not have happened without them with special thanks to Till Friehammer and Nat Kostecyj for their hard work coordinating the course equipment and kitchen crew respectively. Big tasks that make all the difference for our event's success.

Dennis Cunningham has been recognized by the Manitoba Runners Association as the 2025 Race Director of the Year for his long-time commitment to the Frostbite River Run and his involvement as Event Director for the Churchill Parkway parkrun.

We are grateful for our fantastic sponsors this year... Chaeban Ice Cream returned as our presenting sponsor and A-Phase Electric supported the race associated costs.

We received lots of compliments on hosting another top-quality running

event. Runners received unique custom blended recovery salts this year and left Riverview Community Centre well-fed (you just can't beat homemade chili, cookies, fresh fruit, and hot chocolate and coffee after a hard winter run) and enthusiastic about using their feet to support RVCC on a lovely January day.

We've set the date for our 13<sup>th</sup> Frostbite River Run—Jan. 18, 2026—and we hope to see lots of Riverview runners at the start line again! If you're looking for local group runs until then, look no further than the Churchill Parkway parkrun held every Saturday (conditions permitting) at 9AM. See [parkrun.ca/churchillparkway](https://parkrun.ca/churchillparkway) for more information. •



Scan for 2025 FBRR Race Results



## A Dozen Years Done



FBRR photos submitted by Denise Darling





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# LADIES Après Ski

Maggie Bonnetta

The first-ever Ladies Après Ski event was a great success, with over 30 women from Riverview and beyond coming together for an enjoyable evening of skiing and socializing. The turnout shows there's a strong interest in having an active ladies' night both on and off the trails.

Aileen Hunt from Fit Together led a warm-up session at the club before everyone made their way to Churchill Drive. Once on the trails, we naturally split into smaller groups, with skiers of all levels—beginners, seasoned, and those in between—finding their own pace. The weather was perfect, and the sound of chatting and laughter filled the Churchill Trail system throughout the night.

While the skiing was a highlight, the après-ski truly brought the fun, allowing everyone to unwind and enjoy each other's company. Kristin Schiach led a post-ski icebreaker stretch, and the evening continued with snacks, conversations, and plenty of laughter.

Overall, it was a wonderful event, and we're excited to make it a regular part of our winter season. A big thanks to the dedicated volunteers who keep our cross-country ski trails so well-groomed.

Winterfest



Photos submitted by Maggie Bonnetta



# 4x4 winter classic

# CATCHING UP TO hockey's growth in one hot flash

Brenlee Coates

Three years ago, I foraged through my parents' storage room looking to assemble a full suite of hockey equipment. My bag had been collecting dust for about a decade, having abandoned the sport after a short stint in the Manitoba Women's Junior Hockey League.

But I was about to make a comeback. My neighbour and friend invited me to lace up for the Riverview 4x4 Winter Classic. I was new to the area, and she was looking for an accomplice. It would be an illustrious return for both of us—neither of us had played much since high school, but we both had

some former glory years competing in women's AA.

We also weren't strangers to playing co-ed. There weren't girls' teams until I turned 10, and by then, I had been playing alongside boys for years. (She stuck with co-ed all the way to high school until she followed a Division 1 scholarship to the States for soccer.)

All this to say, we weren't too phased to waltz into what was then the open, muralled basement to suit up alongside a group of grown men



Photos submitted by Brenlee Coates

## Winterfest

...someone made a passing comment: "why aren't you playing in the girls' tournament?"



from the area. My introduction was made even sweeter when I met Sheldon Birnie, the proclaimed captain of the team, who handed each of us a hockey playing card—a signature motivational move he carried over from beer league.

My friend and I ended up with a great showing in the tournament—each of us picking up a goal or two—and we more than held our own with the pace of play.

At one point, we were walking through the club, and someone made a passing comment: "why aren't you playing in the girls' tournament?"

While they may have only meant to be helpful, letting us know the women's tournament existed, I quickly retorted, "because we're good enough to play with the men."

Regardless of where their comment was leading, it turns out we were both a bit wrong that day.

Fast-forward to a stunning, sunny winter day this January (I know, we actually had one of those!), and that same friend and I are lacing up to join the "Hot Flashes" on the ice in the women's 4x4 tournament.

I was a touch skeptical hearing about the variations for the game—pond hockey nets, and short periods of running time—but the room quickly filled with women of all ages who'd played AA, university hockey, competitive ringette—or were still hitting the ice for beer league every week, which is more than I could say.

I also learned many of them were involved with the Grey Hares, another example of an initiative I was too quick to dismiss as "for beginners."

My friend and I played well—collecting a handful of goals each—but we weren't the best players on

the ice. Every team we faced had another past Bison player after another—and I got handily beat by one of them to tie the game that determined our fate.

It was a healthy reminder that while I've been benched from the game for over a decade, it's been steadily growing without me.

If that person we came across three years ago thought my friend and I weren't strong enough to play with the men, they were wrong. But if I thought it was a bit condescending to say I belonged in the women's tournament, I was wrong. •

**the room quickly filled with women of all ages who'd played AA, university hockey, competitive ringette—or were still hitting the ice for beer league every week...**





# Tuesday at the Lounge

## NIGHT

Harpa Isfeld-Kiely

Dedicated to everyone at RV Lounge

**If your fingers stumble on the guitar, or you need to restart in a key that you can actually sing, this audience won't take notice.**

**It's seven o'clock on a Tuesday night.** Maybe you're home, half-watching the game, asking AI questions no one truly needs answers for. It's what you do to decompress from a work day or procrastinate on a chore that can probably wait...even longer.

A few blocks away at the Riverview Community Centre (RVCC), shadowed figures stride purposefully to the door, some carrying a distinctive case that hints at their mission this evening. They filter into a dimly lit room the size and feel of a rec room at the end of the hall. This is RV Lounge.

Some call out 'hellos' and 'nice to see you backs' to others, adding another layer of sound to a base line of chairs rumbling into position and the telling tones of an instrument being tuned.

Pot lights stand in for stage lights. John from down the street plays host. And amplification? There's no need for that here. A performer simply moves their chair a little bit closer to the audience. There's about one foot of play there between the two.

Here, there's not much to distinguish artist from audience—nothing but a sign-up sheet by the door, certainly not a stage. The group has come to prefer it this way. Isn't it more intimate? Doesn't everyone in the room feel part of the performance? And sometimes you will be when an artist calls out a key and you're that improvising player across the room who can riff off that.

Many begin a performance with a few apologetic words: "Haven't played this

for some time", "This one's a work in progress" or "We'll see if I can get this right tonight". Nerves—there are some, despite the low key setting—are given some ease as the regulars banter for just another minute while an artist tunes and finds the muscle memory for that song that went something... like this...

Some rely on their memory of that song, though it fails them from time to time. If your fingers stumble on the guitar, or you need to restart in a key that you can actually sing, this audience won't take notice. No one will ask for their money back. (It is free, after all.) No one is looking for perfection. They're listening for other things—a song they'd nearly forgotten, the mastery in a lick or lyric, the style this artist brings to that song.

Many artists pass through RV Lounge, some for just one evening, leaving questions like: "Whatever happened to that poet?" or "Do you think we'll ever see that young ringer for Elvis back?" Many songs are brought to the Lounge—a full range of genres and eras. We're told this one was written in 1920 and this other just this afternoon by the artist in front of us. The Lounge takes it all in, any three songs the artist feels like sharing, songs that tell us a little bit about the person who chose them or the mood they're in tonight.

Toes tap to it all and some well-loved favourites will draw out other voices in the room who join the refrain or enrich it with a harmony. The music historians in the room (or those who've read a whole lot of record jackets) often pipe up to share little known facts and anecdotes that fill out the evening, giving it all a



Reflections

**The music historians in the room (or those who've read a whole lot of record jackets) often pipe up to share little known facts and anecdotes that fill out the evening.**

homey feel of friends nerding out in the rec room.

Yeah, RV Lounge is a dim room at RVCC, and the figures seem dark going in, but a little lighter when it's time to go home. And that's what's going on at RVCC, down the hall, on Tuesday night at 7. If that sounds like something you'd like to try, come down, bring some songs, leave the chores for Wednesday night. •

Photos by John Hodgert





# new soccer fields bring excitement to our community

Stacey Danley

Anyone driving down Churchill Drive last spring may have noticed an exciting new addition to our neighborhood—a brand-new soccer pitch! Thanks to the collaborative efforts of the Riverview Community Centre (RVCC) and the City of Winnipeg, we now have one of the most picturesque fields in the city, offering young athletes a beautiful space to play and grow. Designed specifically for U9 and U10 soccer, this new field provides the

perfect environment for young players to develop their skills, foster teamwork, and build lasting friendships. In 2024, RVCC proudly hosted one U9 girls' team and one U9 boys' team, both of which enjoyed a fantastic season filled with energy, sportsmanship, and community spirit. As we look ahead to the 2025 season, we are eager to see even more young players take advantage of this fantastic home field location. Whether your child is a seasoned player or new to

the sport, there's a place for everyone on our teams. Soccer is a great way to stay active, develop confidence, and be part of a supportive and enthusiastic community. See you on the field! •



## Summer Fun Starts Here!

A neighborhood day camp made for kids!

Each week, kids (ages 4-12) can dive into crafts, games, wading pool fun, and local adventures with friends. Our cozy camp space is stocked with toys, books, and endless craft supplies—because summer should be all about play!

Sign up by the week—join the fun!

Spots fill up fast, so don't wait!

[riverviewcc.ca/summer-day-camp/](http://riverviewcc.ca/summer-day-camp/)

# spring programs cheatsheet

Shake off winter and get moving with these spring programs at RVCC. No excuses. Just show up.

Check for details, registration info and end dates at [riverviewcc.ca](http://riverviewcc.ca)

MONDAY	Dance Jam - 12:15pm
	Jiu-Jitsu - 7:30pm Monday + Thursday
TUESDAY	Grenfell Art Group - 10am
	Senior Fitness - 11am Tuesday + Thursday
	Engineering for Kids - 4:45pm starting April 29
WEDNESDAY	Open Mic - 7pm
	Gentle Fitness - 11am After Hours Bootcamp - 7:30pm
THURSDAY	Senior Fitness - 11am Tuesday + Thursday
	Men's Shed - 1pm
	Yoga - 7pm Jiu-Jitsu - 7:30pm Monday + Thursday
FRIDAY	Yoga - 9:30am
	Postnatal Yoga - 10:45am
SATURDAY	Magic Club Mini Wands - 10am Top Hats - 11:30am

Lessons for 55+ beginners in South Osborne

## GUITAR INSTRUCTION

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Learn the basics of playing and enjoying the guitar.

55+ beginners

Call Brett at 431-294-0243

Lessons at 525 Beresford Ave.



SOUTH OSBORNE BIZ

## WE NEED YOUR HELP

The South Osborne BIZ is looking for volunteers to help with the design and planning of our marketing and placemaking projects. If either of these areas is of interest to you, please consider JOINING US!

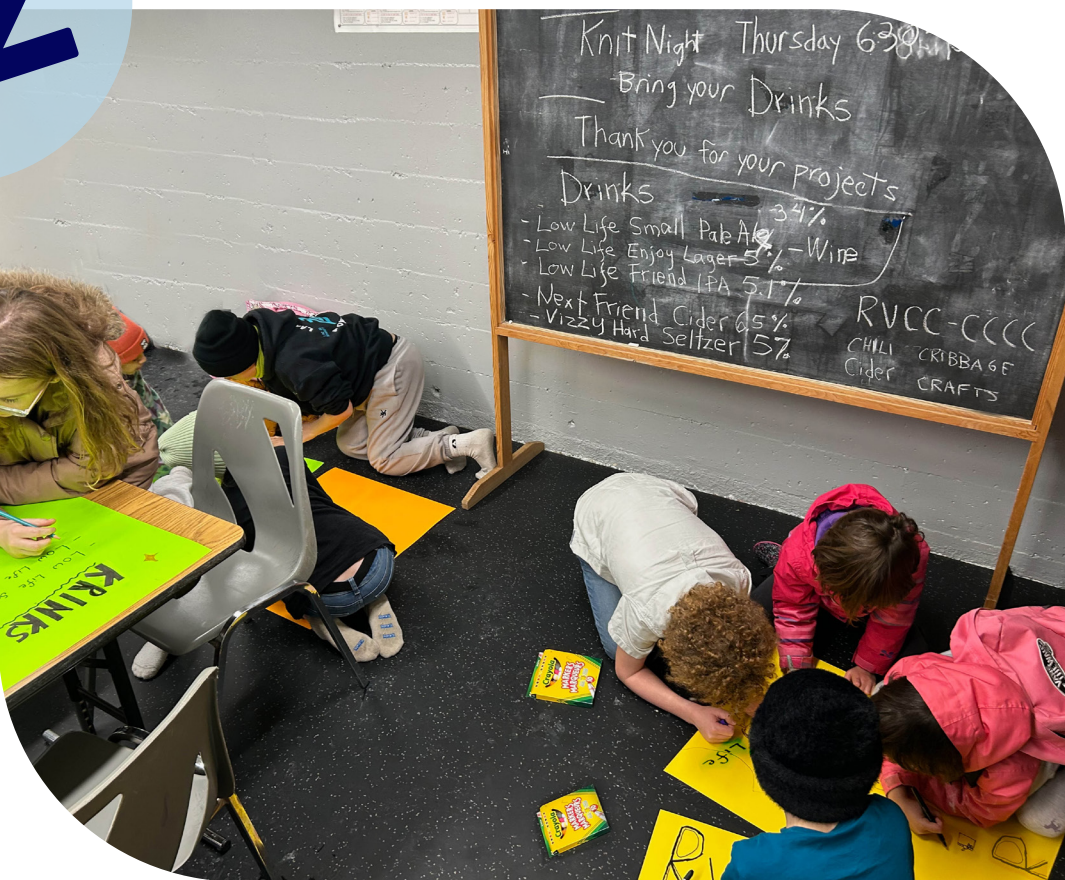
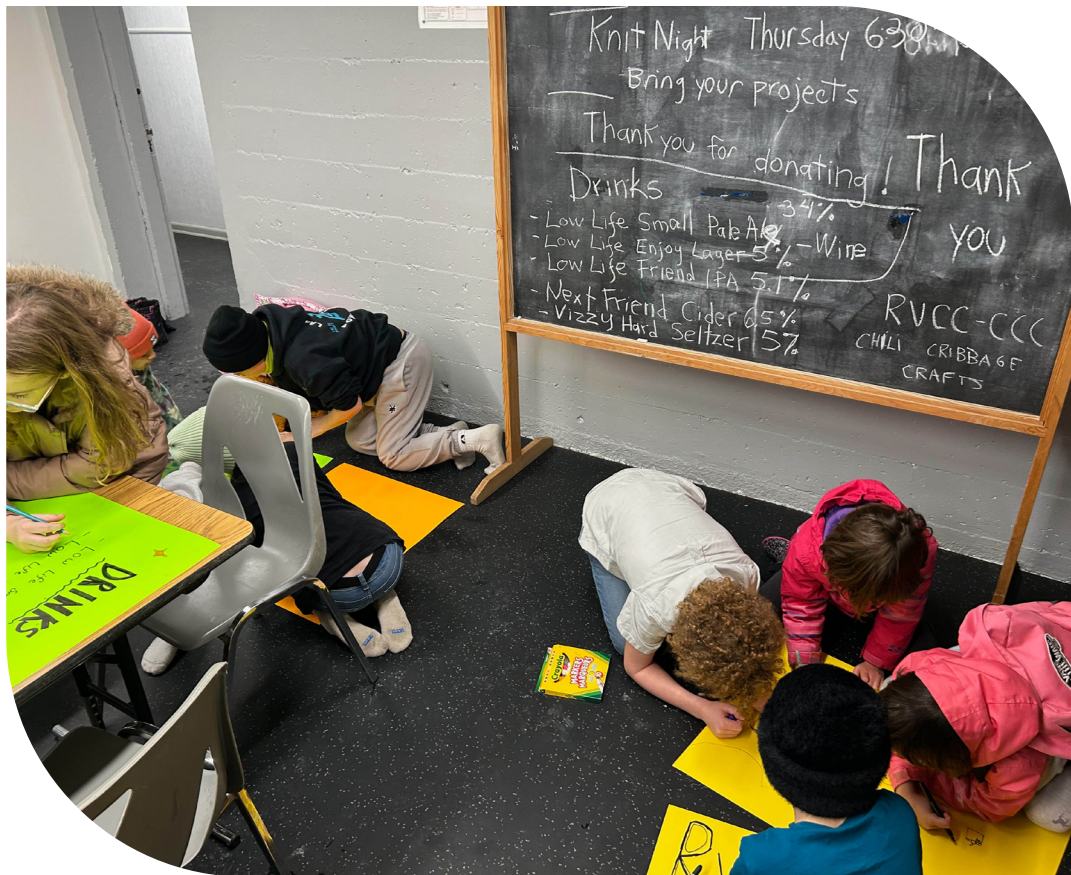
Get in touch to find out more: [osbornesouthbiz@gmail.com](mailto:osbornesouthbiz@gmail.com)





# Spot the 12

# differences



**ANSWERS (use mirror):**

- Knituz • Pile ou bozier • R iu potiom uijur comel • Extra lodoz ou zock
- Jipruk Non mirazind frou chqikprouq • Doonwah iz mirazind • Mungom iz poudei
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Open Saturdays



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# APRIL 25 TRIVIA NIGHT

**SIGN UP NOW!**

Early bird registration ends April 18th

Register your team of up to 8 people, or register as an individual to be placed with a team during the event.

[riverviewcc.ca/april-25-trivia-night/](http://riverviewcc.ca/april-25-trivia-night/)

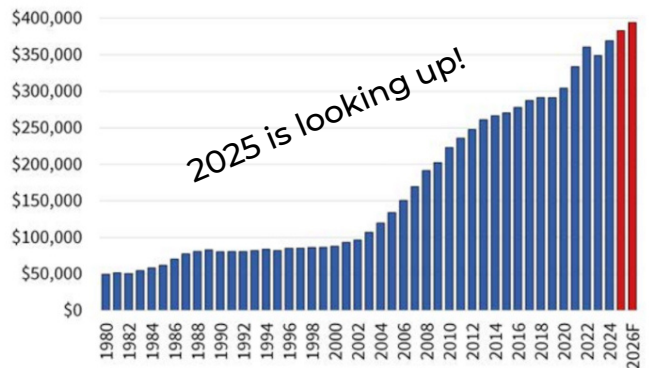


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